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Effect of Molecular Architecture on the Crystalline Structure and Stiffness of iPP Homopolymers: Modeling Based on Annealing Experiments

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ABSTRACT: Five polypropylene (PP) homopolymers were selected and their molecular structure was thoroughly characterized to determine the effect of molecular architecture on their annealing behavior and on the ultimate stiffness achieved by heat treatment. Molecular mass and its distribution were characterized by rheological measurements, while chain regularity was determined by differential scanning calorimetry (DSC) using stepwise isothermal segregation technique (SIST). The samples were annealed in two different ways. Tensile bars were treated in an oven at 165 °C for increasing times to determine changes in stiffness. Various defects (microcracks and voids) developed during the annealing of tensile specimens that did not allow the reliable determination of modulus by direct measurement. On the other hand, the second approach, the annealing of small samples in a DSC cell clearly showed the changes occurring in crystalline structure and also the effect of nucleation and molecular architecture on them. The large molecular weight fraction used to facilitate nucleation hinders crystal perfection, whereas the presence of a heterogeneous nucleating agent increases overall crystallinity, but does not influence recrystallization during annealing. Melting traces were transformed into lamella thickness distributions from which average lamella thickness was derived. Lamella thickness and crystallinity, the independent variables of the model equation used for the calculation of modulus, were extrapolated to infinite annealing time to predict maximum stiffness. The value obtained, 3.5 GPa, is very far from the theoretically predicted 40 GPa of oriented crystals, which cannot be achieved under practical conditions. © 2013 Wiley Periodicals, Inc. J. Appl. Polym. Sci. 000: 000–000, 2013

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INTRODUCTION

Polypropylene (PP) is one of the commodity polymers used in large quantities because of its very advantageous price/performance ratio.^{1,2} Its overall property combination is excellent offering good stiffness, impact resistance, and optical properties depending on the grade. Ever-increasing demand for improving properties pushes the limits of existing property ranges to extreme levels. One of the most important properties of materials used in structural applications is stiffness, often a limiting factor for PP. The modulus of engineering thermoplastics is somewhere in the range of 2.5–3.5 GPa. Regular PP grades have a stiffness of 1.4–1.5 GPa, and only special grades reach values of 2.2–2.4 GPa.^{1,3} Model calculations indicated that the theoretical modulus of isotactic PP (iPP) is approximately 40 GPa for oriented samples,^{4,5} much larger than actual values measured on commercial PP. One of the goals of technical development is to increase the stiffness of PP beyond current values. However, the practical limitations to increase stiffness in commercially produced polymers remains an open question even today.

The properties of crystalline polymers are determined by their structure which can be modified by two main approaches, namely, (1) to control molecular structure and increase chain regularity^{6,7} and (2) to use nucleating agents.^{8–14} Modern polymerization and catalyst technology reached very high levels, further progress is

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difficult. On the other hand, a large number of nucleating agents have been developed recently, some of which are extremely efficient. Several of them are used also in industrial practice. The proper combination of the two approaches resulted in 2.2–2.4 GPa stiffness for special PP grades available commercially. Besides the usual nucleating agents used in everyday practice, recently another approach, the addition of a small amount of ultrahigh molecular weight (UHMW) fraction is also used to facilitate nucleation. This phenomenon has first been demonstrated in the group of Kornfield for PP,^{15,16} but it was also extended to polyethylene.^{17,18} The positive effect of an increase in polydispersity on iPP crystallization under flow and on the resulting crystal morphology has been documented again only recently.¹⁹

Crystalline structure can be modified also by annealing, by the heat treatment of specimens or products.^{20,21} Although the approach has limitations for practical use, annealing was shown to modify all aspects of crystalline structure and consequently properties.²²⁻²⁵ Heat treatment at high temperature, close to the melting range of the polymer, results in the perfection of crystals, the increase of lamella thickness and crystallinity,26-29 and in the decrease of the number of tie molecules. According to earlier studies, the mechanism of perfection is the melting of wide-angle branched tangential lamellae (T-lamella) within the crosshatched structure and recrystallization into a more perfect architecture during annealing.³⁰ A change in crystal modification might also take place during annealing, because the metastable modification of polymorphic polymers can transform into the more stable form, for example, β -iPP may recrystallize into the thermodynamically stable $\alpha\mbox{-form.}^{31}$ Similarly, the metastable smectic form of iPP transforms into the α -modification during heat treatment.³² Although practically not very relevant, annealing may offer a possibility to determine the upper limit of stiffness achievable with commercial polymers.

In a preliminary study, we used three types of commercial polymers to explore the possibility of increasing the modulus of PP by annealing. Grades were used (1) with heterogeneous nucleation, (2) with the addition of a UHMW fraction, and (3) without any nucleating agent. The studied polymers behaved quite differently during annealing; some of them transformed completely, while others only partially into more perfect crystals. Based on the results it was difficult to decide if differences in nucleation or molecular weight distribution (MWD) resulted in the dissimilar behavior. As a consequence, one of the goals of the present study was to determine the effect of molecular architecture and nucleation on the annealing behavior of various PP homopolymers. Specimens were prepared and annealed to determine the upper limit of stiffness achievable by this method. Further study was carried out on small samples in differential scanning calorimeter (DSC), and modulus was predicted by model calculations based on experimentally determined moduli and DSC traces. The consequences for practice and the possibilities to approach the theoretical modulus value of 40 GPa are discussed at the end of this article.

Five PP homopolymers were supplied by Borealis Polyolefine GmbH for the study; two of these were commercial grades

Table I. Identification	n of the	Polymers	used	in	the Study	
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Sample	Nucleation	MWD	MFR (dg min ^{-1})
PP1	No	Broad ^a	2.00
PP2	No	Standard ^b	0.20
NPP1	Yes	Standard ^b	2.00
NPP2	Yes	Broad ^a	2.00
NPP3	Yes	Broad ^a	0.65

MFR, melt flow rate; MWD, molecular weight distribution.

^a Samples contain an ultrahigh molecular weight (UHMW) fraction.

^b Samples do not contain ultrahigh molecular weight (UHMW) fraction.

(PP2, NPP1), one came from an experimental process using dynamic hydrogen feed (PP1)³³ and two (NPP2, NPP3) from multimodal polymerization in a BorstarTM PP pilot unit in accordance with patent WO 2011/104100 A1.³⁴ The polymers differed in nucleation, molecular mass, and the presence or absence of an UHMW fraction. The melt flow rate (MFR, ISO 1133) at 230 °C and 2.16 kg of the polymers changed between 0.2 and 2.0 dg min⁻¹. The identification of the polymers and the factors studied (nucleation, UHMW fraction) can be found in Table I.

Molecular architecture was characterized by the stepwise isothermal segregation technique (SIST). The SIST experiments were carried out using a Perkin Elmer DSC 7 apparatus between 160 °C and 100 °C. After the elimination of thermal and mechanical prehistory at 220 °C for 5 min, the samples were cooled to 160 °C at a cooling rate of 80 °C min⁻¹ and held there for 3 h. Subsequently, the samples were taken to the next crystallization temperature (150 °C) and kept there for another 3 h. Each temperature ramp took 3 h and each step was 10 $^\circ$ C. After the final crystallization step at 100 °C, the samples were reheated again at a heating rate of 10 °C min⁻¹ and melting traces were recorded. Regular sequence length was obtained and calculated according to the method described by Garroff et al.⁷ Rheology was used for the determination of average molecular weight and MWD because the presence of the UHMW fraction made GPC measurements impossible. The measurements were done by using an Anton Paar UDS 200 oscillatory rheometer at 200 °C in plate-plate geometry according to ISO 6271-10. Frequency sweeps were done between 0.02 and 600 Hz to determine storage and loss moduli (G', G''). The shear dependence of viscosity (Figure 1) was calculated by assuming the validity of the Cox-Merz rule.

Molecular weight was deduced from extrapolated zero-shear viscosity (η_0) with the help of eq. $(1)^{35}$

$$M_w = 32.38 \ \eta_0^{0.2344},\tag{1}$$

while MWD was estimated by the polydispersity index (*PI*) calculated from the crossover modulus $(G_c)^{36}$

$$PI = \frac{10^5}{G_c}.$$
 (2)

A terminal relaxation time (τ_r) was also determined to further characterize the effect of the high-molecular-weight component

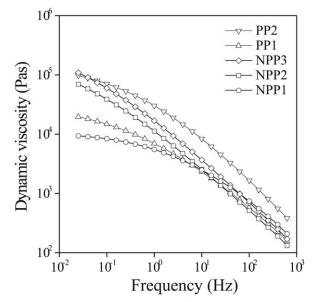


Figure 1. Melt viscosity curves (200°C) for the five PP homopolymers studied. Δ , PP1; ∇ , PP2; O, NPP1; \Box , NPP2; \diamond , NPP3.

on the crystallization and stiffness of the polymers. To achieve this goal, a continuous relaxation time spectrum $H(\tau)$ was calculated from the storage and loss moduli $[G'(\omega), G''(\omega)]$ using the Rheoplus 123 Software V2.66 of Anton Paar. The underlying principles of the calculations have been described, for example, by Mezger.37 A bandwidth of 1% was set and 50 values of relaxation time determined using automatic limit selection. The regularization parameter α was set at 0.01 and a cubic spline was used for smoothing. The terminal relaxation time, τ_p was calculated at a relaxation strength $H(\tau)$ of 10 Pa. The most important characteristics of the polymers used in the study are compiled in Table II. In order to check the reliability of the PI value, it was compared to the polydispersity of the commercial NPP1 sample, which was obtained earlier by GPC $(M_w/M_n =$ 5.6). The results indicated that both techniques provided similar results for the same polymer, thus PI measures accurately the polydispersity of the samples indeed.

Plates with 1 mm thickness were compression molded from granules at 200 °C, 100 bar with 5 min compression time and

then they were cooled down to room temperature. Tensile bars were cut from the plates for the annealing study. They were annealed at 165 °C for 0, 15, 30, 60, 120, and 480 min. The modulus of the reference and annealed specimens was determined using an Instron 5566 tensile testing machine at 0.5 mm min^{-1} crosshead speed and 115 mm gauge length. Annealing was done also in a DSC cell at the same temperature and times as for mechanical testing. The samples were heated to 220 °C at 10 °C min⁻¹ heating rate and held there for 5 min to erase previous thermal history, then cooled down to room temperature with the same rate. Subsequently, they were heated to the temperature of annealing and kept there for the respective annealing times. Finally, the samples were cooled to room temperature and then heated again to 220 °C to record melting characteristics. The distribution of lamella thickness and crystallinity were determined from the melting traces.³⁸

RESULTS AND DISCUSSION

Before discussing the results of the annealing experiments, we consider polymer characteristics determined by various methods. After the presentation of experimental moduli of annealed samples, we show the effect of annealing on crystalline structure, and the characteristics derived from the DSC traces. The way to predict stiffness from these parameters and ultimate moduli are presented in the final section of the article.

Polymer Characteristics

The analysis of the characteristics listed in Table II reveals that in spite of the presence of the high-molecular-weight fraction, the weight average molecular weight and other characteristics depending on it (zero-shear viscosity, η_0 , relaxation time, τ_r) are surprisingly small for the PP1 sample. The isotactic sequence length, that is, chain regularity, is also the smallest for this polymer and it behaved dissimilarly from the others in the annealing study as well. We must call the attention here to the fact that PP1 is an experimental sample polymerized with periodically changing hydrogen feed³³; this unique polymerization technique results in unique structure, properties, and behavior.

It is interesting to check the correlation among the various parameters used for the characterization of the polymers. Despite the variation in the shear dependence of viscosity for the studied samples (see Figure 1), a very close relationship was

		Rheology					
Polymer	Sequence length ^a (monomer units)	η ₀ (Pa)	M _w (kg mol ^{−1})	$\omega_{ m c}^{ m b}$ (rad s $^{-1}$)	G _c (kPa)	<i>PI</i> (Pa ⁻¹)	τ_r^{c} (s)
PP1	88	34600	607	4.9	11.6	8.6	240
PP2	93	92700	765	1.6	26.9	3.7	2118
NPP1	93	8280	434	9.9	17.4	5.7	45
NPP2	101	140900	843	0.2	3.7	26.7	3340
NPP3	91	219600	936	0.2	5.2	19.2	11704

 Table II. Molecular Characteristics of the Studied iPP Homopolymers

^aDetermined by SIST.

^b Cross-over frequency. ^c Relaxation time at $H(\tau) = 10$ Pa

Materials

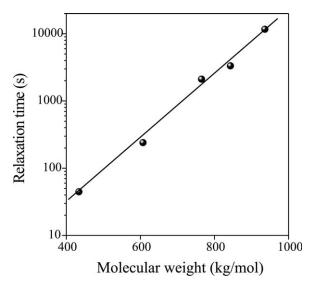


Figure 2. Close correlation between polymer characteristics determined by rheology. Relaxation time measured at $H(\tau) = 10$ Pa is plotted against weight average molecular weight derived from crossover modulus [see eq. (2)].

found among all quantities derived from the rheological measurements. One example is presented in Figure 2 showing the correlation of relaxation time and molecular weight. The figure also emphasizes the wide range of properties covered by the polymers used in this study. Much less or no correlation exists between chain regularity and characteristics related to molecular weight and MWD. Zero-shear viscosity is plotted against isotactic sequence length in Figure 3. The complete lack of correlation indicates clearly that the two types of characteristics are independent of each other. This independence may facilitate the identification of the main factor determining annealing behavior and help to define those that influence the final modulus of the polymer.

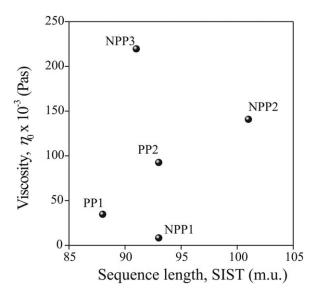


Figure 3. Complete lack of correlation between parameters characterizing chain regularity and the size of the molecules; zero-shear viscosity plotted against isotactic sequence length.

Experimental Stiffness of Annealed Specimens

Specimens prepared from the studied polymers were annealed and their stiffness determined according to the protocol described in the experimental part. The results are presented for three of the polymers in Figure 4, which represent typical behavior observed in this study.

The interpretation of the correlations presented in Figure 4 is complicated because stiffness does not increase as expected. Some increase can be observed for PP1 and NPP1, but a drop occurs in stiffness in the former case from an initial larger value (see stiffness at $t_a = 0$ min), whereas modulus decreases continuously with annealing time for NPP3. The relatively large increase in stiffness from about 1.9 to 2.8 GPa is exceptional in the case of NPP1, but modulus goes through a maximum and decreases after a certain annealing time even in this case.

The unexpected and quite unreliable results originated from experimental difficulties encountered during annealing. Cracking, voiding, and other defects were observed on most of the specimens especially after longer annealing times. Similar problems were met and also reported by others^{39,40} earlier. The number of defects and the extent of damage depended also on the characteristics of the polymer studied. Accordingly, stiffness could not be determined with any reliability and thus the ultimate limit of stiffness, which might be achieved by annealing, could not be estimated either. As a consequence, we had to find another way to follow changes in crystalline structure during annealing and to relate them to mechanical properties and especially to stiffness.

Annealing and Structure

Annealing carried out in the DSC pan changed crystalline structure considerably as expected, but quite differently for the various samples. A typical example is shown in Figure 5. DSC traces for the other polymers can be seen in the Supporting Information.

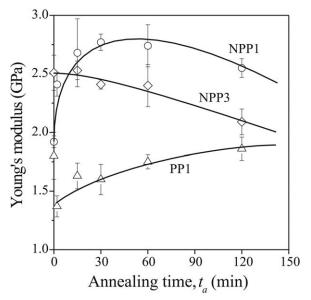


Figure 4. Dependence of Young's modulus on annealing time for three selected PPs. Δ , PP1; O, NPP1; \diamond , NPP3.

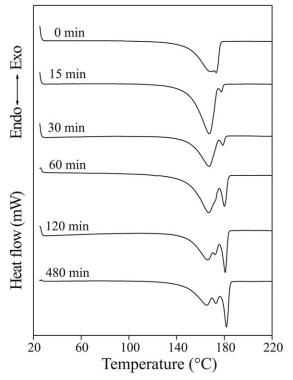


Figure 5. Effect of annealing on the crystalline structure of NPP3; melting traces recorded after different annealing times.

The melting traces recorded on the NPP3 polymer after various annealing times indicate the transformation of the polymer into several fractions with different melting temperatures. Although a considerable part of the polymer recrystallizes into a fraction with a melting temperature at around 180 °C, a large part forms less perfect crystals. Obviously, some factor hinders crystal perfection and the annealed polymer consists of an assembly of fractions with different lamellar thicknesses and perfection. The results showed that the five polymers studied formed two groups according to their annealing behavior. The three containing the UHMW fraction transform only partially to the most perfect morphology during annealing, whereas those without it go through complete or almost complete transformation. Obviously, nucleation does not hinder or influence crystal perfection, but large molecules do.

Earlier studies have shown that the stiffness of PP is determined by crystallinity and lamella thickness.⁴¹ The relationship between lamella thickness and melting temperature (T_m) is given by the Gibbs–Thompson equation^{21,42}

$$T_m = T_m^0 \left(1 - \frac{2\sigma_e}{\Delta H_v^0 \ell} \right), \tag{3}$$

where T_m is the actual melting temperature of the polymer, T_m^0 is its equilibrium melting temperature (481 K),⁴³ σ_e is the free energy of the folded surface of the lamella (0.122 J m⁻²),⁴³ and ΔH_{ν}^0 is the equilibrium enthalpy of fusion per unit volume (136.6 kJ m⁻³).⁴³ Accordingly, each point of a melting trace corresponds to a lamella thickness and the trace can be

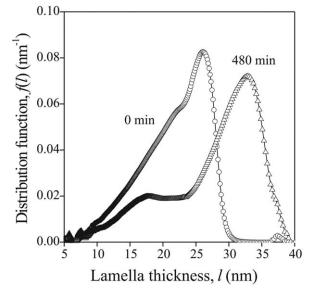


Figure 6. Effect of annealing time on the lamella thickness distribution of the PP2 sample. O, 0 min; Δ , 480 min.

transformed into lamella thickness distribution by the method of Romankiewicz and Sterzynski³⁸ using the following equation

$$\frac{1}{m}\frac{dm}{d\ell} = \frac{1}{m}\frac{dU}{dT}\frac{\left(T_m^0 - T_m\right)^2 \rho_c}{2 \sigma_e T_m^0},\tag{4}$$

where *m* is the mass of the crystalline phase, *U* the energy of fusion, and ρ_c is the density of the crystals (936 kg m⁻³).⁴⁴ Figure 6 shows the effect of annealing time on the distribution of lamella thickness for a polymer, which is capable of complete perfection in the time interval used (PP2). We can see that transformation is almost complete indeed, and the lamella thickness increases considerably during the annealing experiment.

In contrast, the polymers containing the UHMW fraction cannot transform completely into the more perfect structure as shown by Figure 7 comparing representatives of the two groups of polymers.

We are able to show the effect of annealing on crystalline structure by DSC measurements, but it is difficult if not impossible to relate these changes to mechanical properties.

Modulus Prediction

Detailed analysis of three PPs, a homopolymer, a random, and a heterophasic copolymer containing four different nucleating agents in various amounts resulted in an extremely close correlation between crystallization characteristics determined by DSC and the stiffness of injection-molded bars. The correlation could be described quantitatively by the following empirical equation⁴¹

$$E = 0.02 T_{cp} + 0.025 \Delta H_c - 3.2, \tag{5}$$

where *E* is Young's modulus, T_{cp} is the peak temperature (in °C), and ΔH_c (in Jg-1) the heat of crystallization. In spite of the fact that crystallization characteristics were determined on small



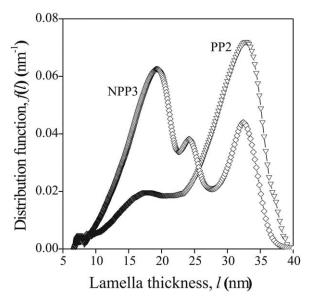


Figure 7. Comparison of the lamella thickness distribution of two samples with standard (PP2) and broad (NPP3) MWD. Annealing time was 480 min for both samples. ∇ , PP2; \diamond , NPP3.

samples melted first, the simple empirical correlation of eq. (5) proved to be valid practically for all PP polymers studied by us, but also by others⁴⁵ up to now. The close correlation indicates that the effect of nucleation is similar under the conditions of the DSC study and injection molding. Unfortunately, crystallization characteristics are not available in the annealing study, but we have melting traces recorded on annealed samples instead. However, since melting and crystallization characteristics are usually related quite closely, we can hope that the principles developed earlier hold, and if we replace ΔH_c and T_{cp} by the heat of fusion and lamella thickness, we may predict the modulus of annealed PP samples as well. Naturally, we must validate the approach and determine the parameters of the correlation first.

Average lamella thickness can be derived from the distributions shown in Figures 6 and 7 by

$$\bar{\ell} = \frac{\int_0^\infty f(\ell) \,\ell \,d\ell}{\int_0^\infty f(\ell) \,d\ell} \tag{6}$$

and the results are plotted against annealing time in Figure 8 for all the polymers studied. We can see that lamella thickness increases with annealing time and approaches saturation at larger times. Very similar correlations were obtained also for the time dependence of the enthalpy of fusion (not shown). The rate of property increase and the final values depend on the characteristics of the polymer. The thickest lamellae grew in the non-nucleated sample with standard MWD, whereas nucleated samples developed larger final crystallinity than the other two. The average lamella thickness of PP1 shows different characteristics during annealing. It increases first because only a recrystallized perfect fraction is present in the sample at short annealing time. At longer annealing times, a less perfect structure develops slowly resulting in a proportional decrease in average lamella thickness. The surprising behavior might be related to the less regular structure of this polymer (see Table II), but this assumption needs further proof.

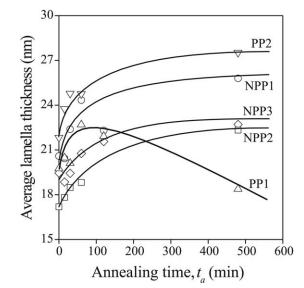


Figure 8. Effect of annealing time on the average lamella thickness of the studied samples. Δ , PP1; ∇ , PP2; O, NPP1; \square , NPP2; \diamondsuit , NPP3.

The time dependence shown in Figure 8 allows us the determination of both lamella thickness and the heat of fusion at infinite time. We fitted the empirical equation

$$y = a + b \exp\left(-kt\right) \tag{7}$$

to the time dependence of the two properties and determined $\ell_{\rm max}$ and $\Delta H_m^{\rm max}$ for all materials. A typical correlation fitted to the experimental data is presented in Figure 9 to demonstrate the procedure. The calculated maximum values are collected in Table III for the 5 PP polymers studied. We also included selected characteristics of chain structure into Table III in order to facilitate seeing their effect on the parameters of crystalline structure. Only approximate values could be determined for

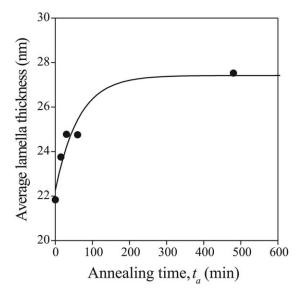


Figure 9. Fitting of a saturation function [see eq. (7)] to the time dependence of average lamella thickness for the PP2 sample.

Polymer	Sequence length ^a (monomer units)	η ₀ (Pa)	ℓ _{max} (nm)	$\Delta H_m^{\text{max}} (J \text{ g}^{-1})$	Crystallinity, α ^{max} (%)	E _{max} (GPa)
PP1	88	34657	22.5	123.2	83.2	2.81
PP2	93	92700	27.5	122.2	82.6	3.20
NPP1	93	8280	25.9	136.2	92.0	3.42
NPP2	101	140900	22.6	131.7	89.0	3.03
NPP3	91	219600	22.8	132.1	89.3	3.06

Table III. Prediction of the Ultimate Modulus of PP Homopolymers and Comparison to Molecular Architecture

^aDetermined by SIST.

PP1. Table III clearly shows that ℓ_{max} is the largest for PP2 and NPP1 and smaller for samples containing the UHMW fraction, whereas larger crystallinity develops in nucleated samples.

The final step in the prediction is the determination of the proper relationship between melting characteristics (heat of fusion), lamella thickness, and stiffness. Standard ISO 527 tensile bars were injection molded and their mechanical properties including modulus were determined in an earlier study. In this work, we determined lamella thickness and the heat of fusion for the same samples and derived the following correlation to describe the relationship between stiffness and the characteristics of crystalline structure

$$E = 0.082\ell + 0.025\,\Delta H_m - 2.15.\tag{8}$$

The correlation of measured and calculated moduli is presented in Figure 10. The relationship is less close than the one obtained between modulus and crystallization characteristics earlier,⁴¹ but this is expected. Nevertheless, Figure 10 clearly proves that the modulus of PP is determined by lamella thickness and crystallinity. We introduced the ℓ_{max} and ΔH_m^{max} values derived from the annealing process (see Columns 4 and 5 in Table III) into eq. (8) and predicted the maximum stiffness achievable by annealing under our conditions. The results are collected in the last column of Table III. The largest modulus achieved by annealing under our conditions is around 3.5 GPa, which is very far from the theoretical value of 40 GPa obtained for oriented crystals. We obviously cannot expect a polymer with randomly oriented imperfect crystals to reach the stiffness of a material, in which perfect crystals are oriented in the direction of the load as assumed by the model calculations. The ultrahigh-molecularweight fraction used to facilitate stiffness hinders crystal perfection and does not allow reaching large stiffness. The peculiar behavior of PP1 needs further study.

We made an attempt to analyze the effect of molecular architecture on $E_{\rm max}$, which was complicated by several factors. The simultaneous effect of chain regularity and molecular weight, the particular behavior of the PP1 sample and the relatively small number of polymers studied all increased uncertainty and the difficulties to draw general conclusions. Nevertheless, we could establish that chain regularity increases the maximum stiffness achieved that is not very surprising, while increasing

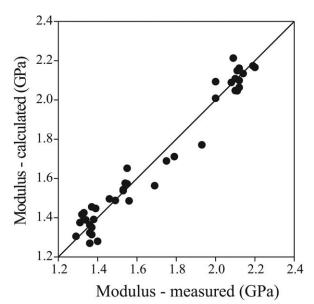


Figure 10. Correlation of measured modulus with stiffness calculated from melting characteristics determined by DSC [see eq. (8)] for various nucleated PP homopolymers.

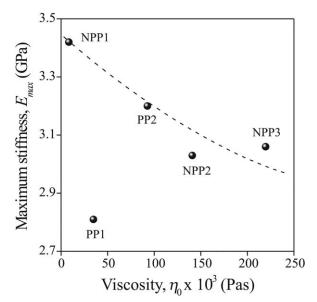


Figure 11. Effect of molecular weight (η_0) on the maximum stiffness (E_{max}) achieved in PP homopolymers by annealing.

molecular weight decreases its value. The latter effect is demonstrated quite clearly by Figure 11 showing the correlation of $E_{\rm max}$ and zero-shear viscosity. Apart from the deviating point of the PP1 sample, which might be explained again by its irregular structure, the correlation is relatively close and demonstrates well the effect of kinetic factors in crystallization and crystal perfection during annealing.

CONCLUSIONS

The direct determination of the effect of annealing on the stiffness of various PP polymers did not prove to be successful because of technical reasons. Various defects developed in annealed specimens, which did not allow the reliable determination of modulus. On the other hand, annealing of small samples in DSC clearly reflected the changes occurring in crystalline structure and also the effect of nucleation and molecular architecture on them. The large molecular weight fraction used to facilitate nucleation hinders crystal perfection, whereas the presence of a heterogeneous nucleating agent increases overall crystallinity, but does not influence recrystallization. Melting traces were transformed into lamella thickness distributions from which average lamella thickness was derived. Lamella thickness and crystallinity at infinite annealing time was determined by a fitting procedure and maximum stiffness was predicted with the help of a model equation relating modulus to lamella thickness and crystallinity. The predicted maximum stiffness of about 3.5 GPa is very far from the theoretical value of 40 GPa of oriented crystals, which cannot be achieved under practical conditions.

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